

Leeker's Family Foods

Meat Department Specials

Specials Through
August 22nd

Boneless Pork Sirloin Chops Small Package 2.79lb

Boneless EYE of Round Steak Tenderized 3.99lb

Boneless Bottom Round Steak Tenderized

Family Package 4.19lb

85% Lean Ground Round Steak Small Package 4.29lb

Boneless Beef Cube Steak Family Package 4.99lb

K.C. Strip Steak Twin Package 7.98ea

Best Choice Bacon 16oz While Supply Lasts 3.49

Nathan's Beef Franks 14 oz 2.99

Tyson IQF Boneless Breast 2.5lbs 5.99

Crockpot BBQ Chicken Recipe

2 lbs frozen boneless, skinless chicken breasts

1 cup BBQ sauce * 1/4 cup Italian dressing * 1/4 cup brown sugar

1 tablespoon Worcestershire sauce * sea salt

Directions:

Season chicken breast lightly (a small pinch per breast) with some sea salt and place in your crockpot. Combine BBQ sauce, Italian dressing, brown sugar and Worcestershire sauce and stir. Pour over chicken, cover and cook on high for 3-4 hours.

If shredding, recover and let cook in sauce for about 10-15 more minutes to soak up all that flavor.